

Volleyball

Grad Date: June – 2010

Junior

Online Video: No



Video Link:

On Track 16 Core Courses: **Yes**

School Data

Grimsley High School

801 Westover Terrace, Greensboro, NC 27408

Coach: Glen Cashion (336) 987-4141 **E-Mail:** cashiontime@yahoo.com

Conference: Metro 4A

Enrollment: 2,000

Athletic Profile

Pos/Event: Middle Hitter / Blocker

Height: 5' 11" **Weight:** 160 **Jersey #:** 8

Other Sports: Track * Basketball

Vertical Jump: 9' 1" **Approach Jump:** 9' 8"

Personal and Academic

Address: 1002 Montpelier Drive, Greensboro, NC 27410

Parent/Guardian: Randy & Mary Gillett

Phone: (336) 707-4052

E-Mail: bethanygillett@triad.rr.com

GPA: 3.1

Rank: Top 50%

PSAT: 1460

SAT: 1720

Critical Reading: 600 **Math:** 570 **Writing:** 550

Desired Major: Athletic Training / Physical Therapy **Religion:** Christian

Financial Aid: Yes **NCAA Clearinghouse:** Yes

Academic / Athletic Stats and Honors

- **2009** Varsity Volleyball * Varsity Track * Church league basketball women's league champions
- **2009** 4.0 Honor Roll * Perfect Attendance Award * All-county Honors Chorus * Active in many volunteer activities
- **2009** Second place Regional Dance Choreography winner in North Carolina PTSA "Reflections" contest
- **2009** Coached 8-15 year old youth league volleyball team and refereed at Proehlific Park
- **2009** Weekly Volunteer at Westover Church child ministry * Youth Praise Band * Mission Trips * Dance Ministry
- **2009** HorsePower Therapeutic Riding volunteer
- **2008** 2.1 Kills Per Game * 1.6 Blocks Per Game * Team Tri-captain * Varsity Track Field MVP and All Conference
- **2008** 2nd Place in State dance choreography winner in "Reflections" PTSA contest
- **2008** HorsePower Therapeutic Riding volunteer
- **2008** Weekly Volunteer at Westover Church child ministry * Youth Praise Band * Mission Trips * Dance Ministry
- **2007** Varsity Track * JV Basketball Starter * Team Captain
- **2007** HorsePower Therapeutic Riding volunteer
- **2007** Weekly Volunteer at Westover Church child ministry * Mission Trips * Dance Ministry

Skills and Attributes

Coach Glenn Cashion states, "I have coached Bethany for 3 years. She has great desire, focus, and dedication. Being a strong athlete and a student of the game, she not only plays but also coaches a league team. She is mature, intelligent, and reliable and makes excellent decisions on and off the court. Bethany has a very positive attitude, and would be an excellent addition to any college program". Bethany is an excellent student/athlete who balances multiple priorities at one of the outstanding academic schools in North Carolina. Bethany's fast foot speed, arm swing, and confident demeanor make her a powerful force in the middle. She is an aggressive offensive and defensive player, who looks for the open shot and makes smart plays. Bethany is recognized as a remarkable leader who is known for demonstrating integrity, respect, and cooperation with teammates, coaches, opponents, and officials. She is a serious student of the game, taking every opportunity, on and off season, to find extra time to work out and improve her skills. Bethany has a very strong platform, a great approach jump, and outstanding arm strength demonstrated by her All-Conference honors in discus and shot put. She has true athletic ability, balance and coordination, built by her years of dance cross-training. Bethany's excellent attitude, work ethic, and leadership would be a positive addition to any collegiate program.